



Sex, Sexuality and Sexual health resources

Helpful Online Resources for Youth and Young Adults

- <https://www.doinit.ca/>
- <http://teenhealthsource.com/>
- <https://www.scarleteen.com/>
- <http://ppt.on.ca/education/>
- <https://medium.com/shareyournuance>
- <http://www.nativeyouthsexualhealth.com/index.html>
- Youthhelp.net
- <https://www.youthline.ca/get-support/links-resources/>
- <https://everybodycurious.com/>
- <https://www.comeasyouare.com/collections/books>

Social Media Accounts to follow

@Nadine Thornhill

@whatsmybodydoing

@shrimpteeth

@comprehensiveconsent

Local Resources

- **Halton Sexual Health Clinics**
Learn more by visiting <https://www.halton.ca/>
or by calling 311
No Health card required. Different clinics in different cities within Halton.

Provide needle exchange, Paps, sti testing, pregnancy testing, access to sexual health supplies and contraceptives. *may be changes due to covid*

- **Sexual Assault and Violence Intervention Services SAVIS** (Halton): 905-875-1555
- **SACHA** (Hamilton): 905-525-4162
- **Joseph Brant Hospital - Nina's Place**: 905-632-3737 ext. 5708
- **Joseph Brant Hospital Emergency**: 905-336-4116

- **Moyo Health and Community Services (formerly Peel HIV/AIDS)**
Learn more by visiting <http://www.moyoshcs.ca>
They have community mental health resources, prevention programs, community drop ins

For Parents

- <https://www.minus18.org.au/articles?tag=sexuality>
- https://www.caringforkids.cps.ca/handouts/preteens-and-teens/teens_sexual_orientation

For Educators

- Lesson plans- inclusive curriculum- <http://3rs.org/3rs-curriculum>
- Inclusive Guidelines- <https://seawayvalleychc.ca/wp-content/uploads/2016/05/Trans-and-Nonbinary-Youth-Inclusivity-in-Sexual-Health.pdf>
- [Trans youth sexual health booklet](#)