

## Halton Region

1. If you have a current GP (Family doctor) If it is safe to do so- please refer to the **reference letter** to give to your doctor. It will provide them, links, resources, mentorship information and e-consult opportunities to help support access to gender-affirming care.
2. [Halton McMaster Family Health Centre](#) has two doctors who have experience providing gender-affirming care. They are both currently accepting patients, their names are Dr. Bartens and Dr. Sorenson. You can fill out this registration form here: <https://ocean.cognisantmd.com/intake/IntakePortal.html?eReqRef=1989d395-d31c-421d-89a8-d9033f328d83> (it's also linked on their website under "become a new patient").

The receptionist said to ensure that anyone seeking gender-affirming care is referred to those doctors specifically, indicate on the registration form that you want to access gender-affirming care. They also asked that when you're contacted to book an initial appointment, book an in-person appointment and not a virtual/phone appointment".

3. If you require access to HRT or other related needs. You may ask for a referral to Dr. Jennifer Huynh, an adult endocrinologist out of Oakville Trafalgar Memorial Hospital.
4. Dr Arshad Hack has offered to see patients in a walk-in setting only. He is not accepting new patients. Contact information: **Address:** 2200 Fairview St, Burlington, ON L7R 4H9  
**Phone:** 905.635.7313
5. Doctors who are accepting new patients: Woodview Medical Clinic  
Practice Info: 3419 Fairview St, Burlington, ON L7N 2R4  
Number: 905 681 6640  
**Bring reference letter**
6. Online option: Clinic through telehealth to access Gender affirming care (may be more accessible though there is currently a 4-6 month waitlist) I have included the link below: <https://www.connect-clinic.com/>

\*Please reach out to Sarina – [sarinas@rockonline.ca](mailto:sarinas@rockonline.ca) if you have any questions or if you would like help/support navigating this process.

## **Peel Region**

1. Below is a clinic who is taking on new patients (assigned to a Doctor in the practice and then apparently, they have Dr Jonathan Isenberg who comes in every 2 weeks who supports access to gender affirming supports, access to HRT)

### **East Mississauga Community Health Centre**

Individual needs to come into office in person to Register/complete intake

Must bring proof of address ie. Health care, driver's license, hydro bill etc. and OHIP card

Hours of Operation:

Monday, Thursday & Friday 9am-4pm

Tuesdays, Wednesday 9am-8pm

Address:

2555 Dixie rd, Unit 7 Mississauga, On

Number: 905 602 7723

\*note. there may be a 3 month wait until they are accepted onto roster.

## 2. Option online:

Online clinic through telehealth to access Gender affirming care ( may be more accessible though there is also a 4-6 month waitlist) I have included the link below:

<https://www.connect-clinic.com/>